RECEIVING A TESTIMONY

OF THE RESTORED GOSPEL OF JESUS CHRIST

Your Heavenly Father is the source of all truth. He loves you and wants to answer your questions. Therefore, He will help you recognize the truth as you sincerely seek it and ask Him for guidance. You can know if the things you are learning are true if you ask your Heavenly Father in prayer. He desires for you to know the truth, and you can receive an answer from Him through the Holy Ghost. As taught in the Bible, "The fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, meekness, [and] temperance" (Galatians 5:22–23). These feelings from the Holy Ghost are personal revelation to you that the restored gospel of Jesus Christ is true. You will then need to choose whether you will live in harmony with the knowledge you have received.

As the Savior taught in the Bible, Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you (Matthew 7:7). Feelings from the Holy Ghost are personal revelation to you that confirm the truth of the Book of Mormon and the gospel of Jesus Christ as restored through the Prophet Joseph Smith.

Joseph Smith often asked himself, "If any one of [these churches] be right, which is it, and how shall I know it?" Joseph turned to the Bible for answers. "If any of you lack wisdom," he read in the Epistle of James, "let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him."

Like Joseph, many of us find ourselves seeking the light of truth. Just as the world was prepared for the Restoration, each of us is prepared to receive the light of the gospel in our own lives. Sometimes that preparation comes through a change in our

circumstances – through meeting a new friend, moving to a new community, a change of employment, the birth of a child, the death of a loved one, illness, misfortune, and even tragedy. During these times of transition, we seek answers to the important questions of life: Who are we? Where did we come from? Why are we here on earth? And where we are going after we die? Joseph was not born with this knowledge, and neither were we. We must find it. Like Joseph, we must search the scriptures and pray. For many, this means overcoming feelings of doubt and unworthiness, being humble, and learning to exercise faith.

Now you may wonder, how does one begin this process? The last prophet of the Book of Mormon, a man named Moroni, gave this remarkable promise to anyone who wants to know whether the Book of Mormon is true: "And when ye shall receive these things, I would exhort you that ye would ask God, the Eternal Father, in the name of Christ, if these things are not true; and if ye shall ask with a sincere heart, with real intent, having faith in Christ, he will manifest the truth of it unto you, by the power of the Holy Ghost?" (Moroni 10:4). For some, this happens quickly. For others, it happens gradually over the years.

Once we receive a witness of the Spirit, our testimony is strengthened through study, prayer, and living the gospel. Our growing testimony brings us increased faith in Jesus Christ and His plan of happiness. We are motivated to repent and obey the commandments, which, with a mighty change of heart, leads to our conversion. And our conversion brings divine forgiveness, healing, joy, and the desire to bear our witness to others.

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